

iQniter

Getting started



*Register your iQniter
Smart Sensor on
my.iqniter.com*



*Snap the sensor
into the strap
connectors*



*Adjust the belt
length as needed*



*Moisten the belt
electrode areas with
water or electrode gel*



*Place the belt on
your chest under
your breast directly
on your skin*



*The belt turns on
automatically when a
heartbeat is detected*

For further instructions, knowledge on heart rate training and troubleshooting visit www.iqniter.com

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