

IONITER

GETTING STARTED



Register your
IQNITER
heart rate belt on
my.iqniter.com



Snap the sensor
into the strap
connectors



Adjust the belt
length as needed



Moisten the belt
electrode areas
with water or
electrode gel



Place the belt on
your chest under
your breast directly
on your skin



The belt turns
on automatically
when a heartbeat
is detected

Download the
IQNITER app
in App Store
or Google Play



For further instructions,
knowledge on heart rate
training and troubleshooting
visit **www.iqniter.com**

IQNITER

Get social: *#iqniter*

